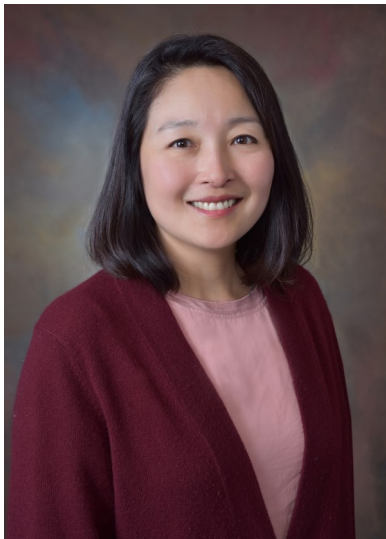




Can't Sleep

Virtual Presentation

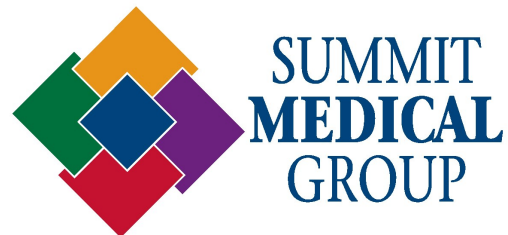
Hear from one of Summit Medical Group's Sleep Disorders Center experts about the basics of good sleep and the physical impact of poor sleep. You'll learn about tips for improving sleep and treatment options for common sleep disorders such as sleep apnea, restless leg syndrome, and insomnia.



Presented by:
Jenny Kim, MD, FCCP,
Sleep Medicine

Thursday
October 22, 2020
1 pm – 2 pm

This program will be held
virtually via Zoom



Pre-Registration Required

Call the Health Department at 973-535-7961 ext. 227 or 228
or email jekelly@livingstonnj.org

Upon registration, you will receive the Zoom meeting code.