

Department of Public Recreation

DIRECTOR
Robert A. Hogan

ASSISTANT SUPERINTENDENT
Neal Healy

PROGRAM SUPERVISOR
Chris Myers

MILLBURN



NEW JERSEY

TOWNSHIP

375 MILLBURN AVENUE
MILLBURN, NJ 07041
PHONE: (973) 564-7097
FAX: (973) 564-7569

recreationdept@millburntpw.org

www.twp.millburn.nj.us/Recreation

Millburn Recreation Winter COVID-19 Guidelines

Updated January 8, 2021

The following will be instituted in order to stay in compliance with the New Jersey Department of Health (NJDOH) and the State of New Jersey's Executive Orders enforced by Governor Murphy.

Millburn Recreation Daily Health Questionnaire - <http://twp.millburn.nj.us/RecDaily> *

- Required to be completed prior to arrival for each practice, game, session, etc.
- Participants who have travelled internationally or out of state (excluding NY, PA, CT, DE) in the last 14 days are not permitted to participate.
- **Child Participants:** All parents/guardians must check their child for signs/symptoms of COVID-19 and perform their own temperature check at home prior to the start of each session. Your child will not be permitted to attend if the temperature reading is 100.4 or above. After you check your child, please complete the online form via the link above.
- **Adult Participants:** A temperature check will be performed by Millburn Recreation Staff during check-in for "Open Court" adult programs. Adults must complete the online form via the link above prior to their arrival.
- **All Participants:** Upon completion, parents must show the site supervisor the confirmation email through either a printed copy or showing on a mobile device.
- **Coaches:** Coaches must perform their own temperature check at home prior to the start of each session. They will not be permitted to attend if the temperature reading is 100.4 or above. Coaches must complete the online form via the link above prior to their arrival for each practice and game. Coaches will show the site supervisor their confirmation email upon arrival.

If you answer 'Yes' to any of the questions, please do not come to the Millburn Recreation activity, contact your coach (or the Millburn Recreation Department) via email or phone.

- *This online form will update as new information from the NJDOH becomes available. Please read the questions carefully each time you complete it.

Check-In and Departure

- Each participant must check-in with the site supervisor prior to participating in the activity. This includes presenting the Daily Health Questionnaire confirmation. **Parents should be with their child during check-in.**
- Coaches and Millburn Recreation site supervisors will be required to maintain an attendance log for each game, practice, or session.
- For indoor practices and games, participants should arrive at their designated check-in area while social distancing from other participants.
- All coaches and participants must exit the facility within 5 minutes of the completion of their practice or game. For indoor programs, each gymnasium will have a specific door designated for exiting the facility.

Face Coverings

- All participants, parents, spectators, coaches, and staff will be REQUIRED to wear a face covering at all times.

Parents/Spectators

- Due to gathering limitations, we are only permitted to allow players, coaches, and staff at all activities indoors and outdoors. Parents/spectators will NOT be permitted to attend any Millburn Recreation activity and must be off-site while their child is participating.

Equipment

- For outdoor programs all participants should wear cold-weather clothing including hats and gloves
- It is recommended that participants bring a bag with them to hold their extra clothes, face coverings, water / sports drink, etc.
- All athletes, coaches, and staff should bring their own water and drinks to sports activities. Shared water sources such as team water coolers and cases of water bottles will not be permitted.
- OPTIONAL: Participants are encouraged to bring their own hand sanitizer
- All participants must wear a face covering
- See your program's flyer for details regarding required equipment for that activity.

Healthy Hygiene

- Coaches will be instructed to promote healthy hygiene and practices with their players/groups. We ask that parents assist in relaying this information to their children
- All participants and coaches should practice good hygiene which includes avoiding touching your eyes, nose, and mouth
- Participants and coaches should avoid non-essential contact as much as possible during recreation activities. This includes hugs, handshakes, high-fives, team huddles, etc. Post-game handshakes should be replaced with tipping caps or a friendly wave to the other team after a game
- Spitting is not permitted
- Coughs and sneezes should be covered by using a tissue or use the inside of your elbow

Protocols for COVID-19 Symptomatic Participants

- If a participant appears to show signs or symptoms of COVID-19, they will be separated from the rest of the group. If a child, the coach or site supervisor will contact their parents for immediate pickup
- Participant must isolate at home and follow [CDC Guidelines for What to Do If You Are Sick with COVID-19 or think you might have COVID-19](#)
- Participant (or Parent/Guardian if child) will be required to update the Millburn Recreation Department and the Local Health Department if their child has a confirmed case of COVID-19
- Participant must follow [CDC Guidelines for ending home isolation](#) before returning to a Millburn Recreation activity*

*If the participant had symptoms, but tested NEGATIVE for COVID-19 they may return to play if they can provide the negative test after being symptom free for more than 24 hours and they are not living at home with an individual who has tested positive for COVID-19

Protocols for Positive Case of COVID-19

- Millburn Recreation Department and Local Health Department must be contacted immediately
- If needed, the Millburn Recreation Department staff and coaches will assist the Local Health Department in identifying close contacts of an individual who tested positive for COVID-19
- Close contacts and/or sick staff members or participants should not return to play until they have met [CDC's criteria to discontinue home isolation](#)