

Department of Public Recreation

DIRECTOR
Christopher J. Myers

ASSISTANT SUPERINTENDENT
Neal Healy

PROGRAM SUPERVISOR
Alex DeFilippo



NEW JERSEY

375 MILLBURN AVENUE
MILLBURN, NJ 07041

PHONE: (973) 564-7097
FAX: (973) 564-7569

recreationdept@millburntp.org
www.twp.millburn.nj.us/Recreation

Millburn Recreation COVID-19 Guidelines

Updated April 18, 2022

The following will be instituted in order to stay in compliance with the New Jersey Department of Health (NJDOH) COVID-19 Guidance for Sports Activities. Please review all guidelines.

Participants are NOT permitted to attend a Millburn Recreation Activity if:

1. They have been told to isolate or quarantine by the Millburn School District, their healthcare provider, or Health Department. OR...
2. They have recently tested positive for COVID-19. OR...
3. They or any member of their household has experienced COVID-19 symptoms in the last 10 days*. OR...
4. They have a temperature reading of 100.4 or above. OR...
5. They have had "close contact" to anyone in the last 5 days who had COVID-19*.

*EXEMPT: Those who have been fully vaccinated or have fully recovered from COVID-19 in the past 3 months

Attendance and Check-In

- Each participant must check-in with their coach or site supervisor prior to participating in the activity.
- Coaches and Millburn Recreation site supervisors will be required to maintain an attendance log for each game, practice, or session.

Face Coverings and Social Distancing (all of these are subject to change at ANY time)

- Face coverings are currently NOT required to be worn unless the school district requires it for that particular location/activity. Masks should be worn if you have recently completed isolation or quarantine – based on CDC Guidelines. Unvaccinated individuals are **strongly encouraged** to wear face masks, particularly when social distancing cannot be maintained.

Equipment

- All athletes, coaches, and staff should bring their own water and drinks to sports activities. Shared water sources such as team water coolers will not be permitted.

Healthy Hygiene

- Coaches will be instructed to promote healthy hygiene and practices with their players/groups. We ask that parents assist in relaying this information to their children.
- All participants and coaches should practice good hygiene which includes avoiding touching your eyes, nose, and mouth.
- Participants and coaches should avoid non-essential contact as much as possible during recreation activities.
- Coughs and sneezes should be covered by using a tissue or use the inside of your elbow.

Protocols for COVID-19 Symptomatic Participants

- If a participant appears to show signs or symptoms of COVID-19, they will be separated from the rest of the group. If a child, the coach or site supervisor will contact their parents for immediate pickup.
- Participant must isolate at home and follow [CDC Guidelines for What to Do If You Are Sick with COVID-19 or think you might have COVID-19](#)
- Participant (or Parent/Guardian if child) will be required to update the Millburn Recreation Department and the Local Health Department if their child has a confirmed case of COVID-19.
- Participant must follow [CDC Guidelines for ending home isolation](#) before returning to a Millburn Recreation activity.

Protocols for Positive Case of COVID-19

- Millburn Recreation Department **and** Local Health Department must be contacted immediately.
- If needed, the Millburn Recreation Department staff and coaches will assist the Local Health Department in identifying close contacts of an individual who tested positive for COVID-19.
- **Symptomatic Positive Cases:** Must isolate at home for 5 full days (Day 0 is first day of symptoms). After completing isolation, the participant should wear a face covering for 6-10 days.
- **Asymptomatic Positive Cases:** Must isolate at home for 5 full days (Day 0 is day they were tested). If participant begins to show symptoms, then a new "Day 0" begins and they must isolate for an additional 5 days. After completing isolation, the participant should wear a face covering for 6-10 days.
- **If the Millburn School District, Health Department, or your healthcare provider require the participant to quarantine/isolate for any reason, they are not permitted to participate in Millburn Recreation activities.**
- Participants should not return to play until they have met [CDC's criteria to discontinue home isolation](#).

Close Contact Protocols

- **If the Millburn School District, Health Department, or your healthcare provider require the participant to quarantine/isolate for any reason, they are not permitted to participate in Millburn Recreation activities.**
- Please follow the NJDOH Close Contact recommendations - [NJDOH What to do if you think you've been exposed to COVID-19?](#)